

# Foss state medal highlights HCHS winter sports Foss state medal highlights HCHS winter sports

HARLAN -- The five varsity winter sports programs from Harlan Community High School combined to register an overall win-loss record of 52-41 during the 2017-2018 season.

There were ups and downs along the way, but for the most part the positives prevailed.

Senior wrestler Nick Foss provided the highlight of the winter months, earning a third-place medal at the State Wrestling Tournament in February for the Cyclones' highest finish in years.

Junior Oscar Olmos also qualified for state wrestling,

made the state bowling meet and senior Shane Chamberlain was a third team All-State selection in boys basketball, helping HCHS record 15 wins.

The following pages will take a look back at the winter season that was, providing full statistics, scores, photos, postseason honors and more. Academic awards are included on this page.

We'll start with a quick recap of each sport.

#### **BOYS BASKETBALL**

The Cyclones finished 15-8 overall - a four-win improve-

sophomore Darren Stein ment over last vear's 11-11 last nine outings, including rapid improvement on the - and tied for fifth place in the Hawkeye Ten Conference standings at 6-4. The team's eight losses included three against eventual Class 3A state champion Glenwood, two more vs. a talented Atlantic team and a buzzer-beater defeat at Denison.

> Following an 11-2 start that began with six straight home games, HCHS struggled down the regular-season stretch by losing five out of seven, but turned things around in 3A substate play with home wins over Perry and Creston. The Cyclones hung right with Glenwood for three and a half quarters of a highly-entertaining substate final - their first in four years - before losing an 82-69 decision.

> A senior-laden team, HCHS will graduate five of its top six scorers, led by Chamberlain and Logan Klaassen, who combined to score about 33 points per game while making 112 total 3-pointers.

> The Cyclones outscored the opposition 66.7 to 59.3 during the season and finished plus four in rebounding margin compared to minus three a year ago. They also made 39 more threes than last season, raising their long-range percentage from .334 to .406 while also increasing their assist rate significantly.

#### **GIRLS BASKETBALL**

For the first time in Zach Klaassen's six years as head coach, the Cyclone girls finished with a sub-.500 record (9-12 overall) and exited in the first round of Class 4A regional play with a hard-fought loss to Glenwood. HCHS did notch a two-win improvement inside the Hawkeye Ten, however, going 6-4 to tie for fifth place.

Featuring a mix of youth and experience on the floor, the Cyclones hit their highwater mark in mid-January at 7-5 before losing seven of their

three very narrow setbacks.

Senior Nicole Lange, a second team all-conference performer, led HCHS with 12.4 points and 6.6 rebounds per contest and was the only girl on the team to shoot better than 50 percent from the field (.526).

While the Cyclones played pretty good defense most nights - they were only outscored 50.9 to 48.3 on average - shooting struggles were often a culprit in defeat. HCHS shot 37.1 percent from the field, 26.6 percent from beyond the arc and 55 percent at the foul line.

#### **WRESTLING**

Team-wise, the Cyclone grapplers finished with a dual record of 16-11 overall and went 6-4 in the Hawkeye Ten (a one-win improvement) to earn fifth place. They also placed sixth at the conference tournament.

A 20-win season may have been within reach with a little luck at Mount Ayr's Ron Scott Memorial Dual Tournament in mid-January. HCHS lost two deadlocked dual scores by criteria and suffered another defeat by just three points.

From an individual standpoint, four Cyclones achieved 30-plus wins on the season. There were also two Hawkeye Ten champions for the first time in four years, four sectional champions and two state qualifiers.

Foss led the way at 195 pounds, going 42-2 to finish his career with 127 wins. He won his first H-10 championship and later went 5-1 in Des Moines to secure the program's highest state medal (3rd) since Brent Schumacher won a state title in 2002. Foss' only loss at state came on a somewhat controversial "slam" ruling and subsequent disqualification in the quarterfinal round.

Olmos (38-14) continued his

mats and finished his season at Wells Fargo Arena as well. Sophomore Ethan Lemon (35-13) won a Hawkeye Ten title at 120 and senior Daniel Soll finished 31-13.

#### **BOYS BOWLING**

For the third year in a row, the Cyclone boys bowling team tied a school record with eight dual wins and finished 8-3. They placed second at the Hawkeye Ten Conference Tournament to a very good Lewis Central team and also placed second at their 2A State Qualifying Tournament to host Shenandoah, narrowly missing a team state berth.

Harlan's balanced lineup featured four bowlers with game averages between 175 and 180, led by an eventual state qualifier in Stein (179.9). Stein's career-best 259 propelled him to an individual win at the state qualifier and an automatic berth to the state meet at Waterloo, where he finished 33rd out of 53 Class 1A bowlers. Stein is the Cyclone boys' third state qualifier in six years.

Senior Devin Wilson, meanwhile, rolled a 275 game at the conference meet and finished as the Hawkeye Ten runner-up.

#### GIRLS BOWLING

The Cyclone girls started the season with five straight dual defeats before improving in the second half of the year and finishing with a 4-7 record. Of their seven losses, three came by 100 total pins or less, including a 7-pin defeat vs. Nodaway Valley.

HCHS finished fourth at the Hawkeye Ten Conference Tournament and third at the 1A State Qualifying Meet with a lineup that usually included four seniors, one sophomore and a freshman.

Senior Makenzie Jones led the team with a 155.7 average and a fourth-place, two-game set of 363 at conference.

## Hawkeye Ten All-Academic

A total of 16 Harlan Community student-athletes have been named to the 2017-2018 Hawkeye Ten Conference Winter Sports All-Academic Team. The All-Academic list recognizes senior letter winners who have attained a cumulative GPA of at least 3.50 during their high school career. The HCHS honorees are listed below.

Girls Basketball: Lexie Holloway, Ellen Keast (manager), Nicole Lange,

Boys Basketball: Kevin Campbell Jr., Logan Klaassen, Deren Schmitz.

Wrestling: Caleb Brouse, Nick Foss. Wrestling Cheerleader: Alana Schmitz.

Girls Bowling: Emma Barnes, Lexus Brown, Tara Hansen, Makenzie Jones.

Boys Bowling: Bailey Schmitz, Lucas Schmitz.

### Team Academic Awards

The HCHS girls and boys basketball teams, wrestling team, girls and boys bowling teams and the wrestling and basketball cheerleader squads have all been recognized for earning Team Academic Acheivement Awards from the IGHSAU and IHSAA. Teams with a cumulative GPA of at least 3.25 were credited with a "Distinguished" Award while teams with a cumulative GPA between 3.00 and 3.24 received an "Excellence" Award.

Basketball Cheerleading: 8 members, 3.286 cumulative GPA (Distinguished) Wrestling Cheerleading: 5 members, 3.492 cumulative GPA (Distinguished) Boys Bowling: 18 members, 3.054 cumulative GPA (Excellence) Girls Bowling: 13 members, 3.276 cumulative GPA (Distinguised) Wrestling: 39 members, 3.26 cumulative GPA (Distinguished) Girls Basketball: 24 members, 3.677 cumulative GPA (Distinguished) Boys Basketball: 41 members, 3.40 cumulative GPA (Distinguished)

#### On the Cover

Bowling photos: Sophomore Darren Stein (left) was a state qualifier for HCHS this year and led the team with a game average of 179.9. Senior Makenzie Jones led the Cyclone girls with a 155.7 game average.

Wrestling photo: Cyclone senior Nick Foss earned a third-place state medal at 195 pounds.

Girls basketball photo: HCHS senior Lexi Larsen averaged 6.9 points per game and led the team with 68 assists.

Boys basketball photo: HCHS senior Shane Chamberlain (dunking vs. Creston) was named third team All-State after leading the Cyclones with 18.6 points per game.



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Cyclone senior Logan Klaassen knocked down 14-of-22 threepointers in three substate tournament games last month, including five treys against Creston (above).

## **HCHS Boys Basketball Stats (2017-18)**

15-8 Overall Record; Class 3A Substate Finalist 6-4 in Hawkeye Ten Conference (T-5th)

3rd

2nd

<b>Harlan Community</b>		389 (1	6.9) 359	(15.6)	406 (	17.7)	370 (16	6.1)	11	1,5	35 (6	6.7)
Opponents		334 (1	4.5) 315	5 (13.7)	291 (	12.7)	414 (18	3.0)	10	1,3	64 (5	9.3)
Player	PPG	Pts.	FGs	FG%	FTs	FT%	3-pt.	Reb.	RPG	Blk.	Stl.	Asst.
Shane Chamberlain, sr.*			145-281	51.6	80-106	75.5	58-140	140	6.1	8	37	57
Logan Klaassen, sr.*	14.3	315	97-228	42.5	67-90	74.4	54-127	71	3.2	7	10	45
Brett Sears, jr.*	7.3	154	54-112	48.2	34-62	54.8	12-25	79	3.8	8	10	25
Deren Schmitz, sr.*	7.2	165	62-111	55.9	19-35	54.3	22-52	153	6.7	31	9	38
Jacob Hansen, sr.*	5.9	130	46-96	47.9	20-29	69.0	18-52	69	3.1	29	10	9
Jared Moser, sr.*	5.8	133	40-86	46.5	31-55	56.4	22-52	59	2.6	2	22	104
Hunter Manz, jr.*	3.0	68	22-37	59.5	16-22	72.7	8-17	29	1.3	0	11	43
Johnathan Monson, so.*	1.7	36	13-29	44.8	3-8	37.5	7-20	23	1.1	2	4	11
Jake McLaughlin, jr.*	1.6	34	14-26	53.8	6-12	50.0	0-0	37	1.8	3	4	4
Kevin Campbell Jr., sr.*	1.3	29	9-29	31.0	5-6	83.3	6-16	11	0.5	0	8	10
Jonathan Cheek, jr.	1.3	13	5-8	62.5	2-3	66.7	1-3	2	0.2	0	1	3
Drase Klindt, sr.*	1.3	10	3-14	21.4	2-3	66.7	2-8	4	0.5	1	0	2
Braden Fink, jr.	1.3	4	1-2	50.0	2-2	100.0	0-1	4	1.3	0	0	1
Taymon Klinkefus, jr.	1.0	13	4-12	33.3	3-3	100.0	2-7	14	1.1	0	1	3
Jay Swanson, jr.	0.6	3	1-5	20.0	0-0	###	1-4	2	0.4	0	1	0
Blake Goshorn, jr.	0.0	0	0-0	###	0-0	###	0-0	0	0.0	0	0	0
Brady Wagner, jr.	0.0	0	0-0	###	0-2	0.0	0-0	3	0.5	0	1	0
* Varsity Letter Winner												
Harlan Community	66.7	1,535	516-1076	48.0	290-438	66.2	213-524	700	30.4	91	129	355
Opponents	59.3	,	471-1023	46.0	269-419		153-418	616	26.8	n/a	n/a	n/a

Three-point shooting: HCHS 40.6%, Opponents 36.6%. Top Individuals (minimum 10 att.) - B. Sears 48.0%, H. Manz 47.1%, L. Klaassen 42.5%, D. Schmitz 42.3%, J. Moser 42.3%, S. Chamberlain 41.4%, K. Campbell 37.5%.

Two-point shooting: HCHS 54.9% (303-552), Opponents 52.6% (318-605). Top Individuals (minimum 9 att.) - H. Manz 70.0%, D. Schmitz 67.8%, J. Monson 66.7%, J. Hansen 63.6%, S. Chamberlain 61.7%, J. McLaughlin 53.8%, J. Moser 52.9%.

Offensive Rebounds: HCHS 215 (9.3 pg.), Opponents 180 (7.8 pg.). Top Individuals - S. Chamberlain 69, D. Schmitz 42, B. Sears 28, J. Hansen 16, L. Klaassen 11, J. Monson 10, J. McLaughlin 9.

Defensive Rebounds: HCHS 485 (21.1 pg.), Opponents 436 (19.0 pg.). Top Individuals - D. Schmitz 111, S. Chamberlain 71, L. Klaassen 60, J. Hansen 53, J. Moser 52, B. Sears 51, J. McLaughlin 28, H. Manz 23, J. Monson 13, T. Klinkefus 8

71, L. Klaassen 60, J. Hansen 53, J. Moser 52, B. Sears 51, J. McLaughlin 28, H. Manz 23, J. Monson 13, T. Klinkefus 8. Turnovers: HCHS 257 (11.2 pg.), Opponents 256 (11.1 pg.). Fouls: HCHS 372 (16.1 pg.), Opponents 381 (16.6 pg.). Assist-to-Turnover Ratio: (minimum 10 assists) J. Monson 2.2-to-1, J. Moser 2.0-to-1, H. Manz 1.8-to-1, S. Chamberlain

Games Played: S. Chamberlain 23\*, D. Schmitz 23\*, J. Moser 23\*, H. Manz 23, K. Campbell 23, L. Klaassen 22, J. Hansen 22, B. Sears 21, J. McLaughlin 21, J. Monson 21, T. Klinkefus 13, J. Cheek 10, D. Klindt 8. (\* Started every game)

### **Head Coach Mitch Osborn's Season Reflection**

The 2017-18 Cyclone boys basketball team finished the season with a 15-8 overall record and 6-4 mark in Hawkeye Ten Conference play. The Cyclones were district champions and played Glenwood in the substate final where they came up just short. HCHS started five seniors: Jared Moser, Shane Chamberlain, Jacob Hansen, Logan Klaassen and Deren Schmitz. Coming off the bench was senior Kevin Campbell Jr. and juniors Hunter Manz, Brett Sears and Jake McLaughlin. Sophomore Johnathan Monson also was a varsity letter winner this past year as he contributed at the varsity level along with senior reserve Drase Klindt.

I was very proud of this team as they competed hard all year. There were some peaks and valleys along the way, but we definitely peaked out right at tournament time, putting three very good games together. The H-10 Conference was extremely tough as the senior class was a very talented one league wide. We beat some very good teams along the way, including Abraham Lincoln, Lewis Central and Blair, and we also swept state tournament teams Kuemper and St. Albert. This team was one of our best three-point shooting teams as we finished 40.6 percent from behind the arc, knocking down 213 three-pointers.

Our junior varsity and 9th grade teams both had very good seasons and several of those guys will be competing for varsity playing time next season. We need to have a tremendous off-season this summer to put us in position to compete for a conference championship and a state tourna ment berth next season, which is our goal every year. We will lose 90 percent of our scoring to graduation, but I am very confident the group of young men we have coming back will step up to the challenge. I want to thank the senior class for everything they did to contribute to the Cyclone basketball program as they were a great group of young men.

#### **HCHS Boys Basketball 2017-18 Scores**

HCHS 81, Shenandoah 34 HCHS 72, Blair, NE 70 HCHS 70, Denison-Schleswig 49 HCHS 57, Creston 45 **HCHS 52, Lewis Central 49** HCHS 64, CB Abraham Lincoln 59 Atlantic 66, HCHS 52 HCHS 64, St. Albert 61 HCHS 74, Kuemper Catholic 60 HCHS 75, Clarinda 41 Glenwood 84, HCHS 79 HCHS 74, Red Oak 26 HCHS 54, Kearney Catholic 45 (at Ralston Arena; Neb. Shootout) Denison-Schleswig 64, HCHS 63 HCHS 80, Kuemper Catholic 73 Atlantic 70, HCHS 62 Glenwood 72, HCHS 60 HCHS 69, St. Albert 68 (OT) HCHS at Lewis Central - cancelled Carroll 76, HCHS 63

**3A SUBSTATE TOURNAMENT** HCHS 68, Perry 56 - at Harlan HCHS 67, Creston 44 - at Harlan Glenwood 82, HCHS 69 - at CB AL

#### Hawkeye Ten Conf. **Boys BB Standings**

-	Conf.	Overall
Glenwood	9-1	25-2
Lewis Central	7-3	12-10
St. Albert	7-3	15-10
Atlantic	7-3	14-9
Harlan Community	6-4	15-8
Kuemper Catholic	6-4	15-9
Creston	5-5	11-12
Denison-Schleswig	5-5	9-13
Shenandoah	2-8	5-17
Clarinda	1-9	7-16
Red Oak	0-10	2-19

Glenwood: 3A State Champion St. Albert: 1A State Qualifier Kuemper: 2A State Qualifier

#### Indv. Game Highs

(for the 2017-2018 season) Points in a Game: Shane Chamberlain 34 at Creston (Feb. 13).

Rebounds/Game: Chamberlain 14 vs. CB Abraham Lincoln (Dec. 19).

Assists/Game: Jared Moser 9 at Kuemper Catholic (Jan. 26)

Steals/Game: Chamberlain 4 at St. Albert (Jan. 5), 4 vs. Carroll (Feb. 15); Moser 4 vs. Perry (Feb. 20). Blocks/Game: Jacob Hansen 6 vs.

St. Albert (Feb. 6). 3-Pointers/Game: Chamberlain 7 at

Creston (Feb. 13).



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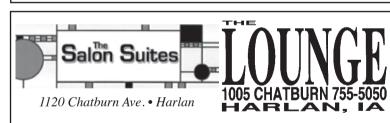


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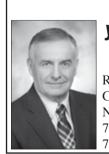


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## -- Cyclone Boys Basketball Honors --

#### **All-Conference**

First Team Hawkeye Ten
Shane Chamberlain: 6-4, sr. G/F\*
\* Unanimous selection

#### **Honorable Mention**

Logan Klaassen: 6-1, sr., Guard Deren Schmitz: 6-3, sr., Forward

#### **IBCA All-Substate**

Class 3A, Substate 8

Shane Chamberlain: 6-4, sr., G/F Chamberlain was ranked fifth on a list of seven players chosen by the Iowa Basketball Coaches Association.

#### **Senior All-Star**

HCHS senior Shane Chamberlain was selected to play in a pair of senior all-star games following the 2017-18 season.

Chamberlain scored a gamehigh 24 points in the KMAland All-Star Classic held March 18 in Avoca, leading Team Howard to a 117-110 win over Team Harris. He added three rebounds and had one assist.

Chamberlain also played in the 42nd annual Iowa Boys Coaches Association All-Star Games on March 24 at Dallas Center-Grimes as a member of the Southwest Iowa team. He knocked down two 3-pointers in each game, scoring eight and 10 points, respectively. The SW Stars lost to the Northeast 109-97 and also came up short vs. the Northwest team, 120-114.



Cyclone senior Jacob Hansen looks to score during a home game against Atlantic. Hansen averaged just under six points per contest.

#### **Chamberlain third team All-State**

Harlan Community senior Shane Chamberlain was named to the lowa Print Sports Writers Association's All-State list as a third-team selection in Class 3A after leading HCHS to a 15-8 overall record and a trip to the substate finals.

A versatile 6-foot-4 wing player, Chamberlain averaged a teamhigh 18.6 points per game, grabbed 6.1 rebounds per contest and led the squad with 37 steals and 58 made 3-pointers while adding 57 assists. He shot 41.4 percent from long range, 51.6 percent overall and knocked down 80-of-106 free throws (.755). Sixty-nine of his 140 total rebounds were offensive boards.

Chamberlain combined for 762 points, 291 rebounds, 71 steals and 102 treys during his junior and senior campaigns.

## C.B. Daily Nonpareil All-Area Boys Basketball First Team: Shane Chamberlain, sr. (6-4, G/F)

Honorable Mention: Logan Klaassen, sr. (6-1, G); Deren Schmitz, sr. (6-3, F)

#### World-Herald All-Western Iowa Boys Basketball

Second Team (Class 4A/3A): Shane Chamberlain, sr. (6-4, G/F) Honorable Mention: Logan Klaassen, sr. (6-1, G).



HCHS senior Shane Chamberlain (center) and junior Brett Sears defend a shot attempt by Denison's Cameron Webb.



HCHS senior Deren Schmitz guards Atlantic's Grant Podhajsky. Schmitz led the Cyclones with 153 rebounds and 31 blocked shots.



Cyclone senior Jared Moser (right) finished the season with a team-high 104 assists.



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## **HCHS Bowling Statistics (2017-18)**

Girls: 4-7 Record; 4th Place/H-10 Meet; 3rd/State Qualifying Meet

Girls (Varsity only)	Games	<b>Total Pins</b>	Game avg.	High Game	Series Avg.	<b>High Series</b>
Makenzie Jones, sr.	26	4,049	155.7	198	311.5	363
Jayden Gessert, so.	28	4,066	145.2	200	290.4	376
Abby Swank, fr.	26	3,608	138.8	180	277.5	348
Lexus Brown, sr.	20	2,567	128.4	200	256.7	303
Emma Barnes, sr.	24	3,063	127.6	183	255.3	321
Serena Kurtz, sr.	26	3,272	125.8	182	251.7	314
Tara Hansen, sr.	10	1,111	111.1	142	222.2	245
Erin Lohoff, so.	2	221	110.5	120	221.0	221
Kayla Pauley, sr.	4	423	105.8	125	211.5	225
Macey Bendorf, fr.	2	145	72.5	83	145.0	145

Varsity match score average: 2,077.2; Indv. game avg. (scoring top 5): 139.2; Baker game average: 137.0

#### Boys: 8-3 Record; 2nd Place/H-10 Meet; 2nd/State Qualifying Meet

Boys (Varsity only)	Games	Total Pins	Game avg.	High Game	Series Avg.	<b>High Series</b>
Darren Stein, so.	30	5,396	179.9	259	359.7	468
Bailey Schmitz, sr.	28	5,027	179.5	254	359.1	420
Devin Wilson, sr.	28	4,936	176.3	275	352.6	454
Keaton Jones, sr.	28	4,912	175.4	239	350.9	397
Lucas Schmitz, sr.	28	4,707	168.1	249	336.2	410
Bryan Hanson, sr.	24	3,936	164.0	203	328.0	399
Nathan Finken, sr.	4	610	152.5	165	305.0	307

Varsity match score average: 2,635.6; Indv. game avg. (scoring top 5): 178.1; Baker game average: 171.0

#### Stein qualifies for State Tournament

HCHS sophomore Darren Stein placed 33rd out of 53 individuals at the Class 1A Boys State Bowling Tournament held February 19 in Waterloo. Stein, the Cyclone boys' third state qualifier in the six-year history of the program, bowled games of 155 and 203 for a 358 series.

Stein qualified for state six days earlier by rolling a first-place set of 425 - including a personal-best game of 259 - at the Class 1A State Qualifying Tournament held in Shenandoah. He led HCHS with a game average of 179.9 on the season.

## Hawkeye Ten Medalists Led by boys' runner-up Devin Wilson, six HCHS bowlers secured individual

medals by placing in the top 12 of the Hawkeye Ten Conference Tournament held February 9 at Thunderbowl in Council Bluffs.

Wilson, a senior, bowled games of 275 and 179 for a 454 series which earned him second place in the boys meet. Cyclone senior Bailey Schmitz placed ninth with a 400 (195-205) and senior Lucas Schmitz placed 12th with a 389 (249-140). Senior Keaton Jones narrowly missed a medal, rolling a 384 to place 13th. As a team, HCHS placed second out of seven schools.

On the girls side of the meet, Cyclone senior Makenzie Jones placed fourth with a 363 series (170-193), sophomore Jayden Gessert placed sixth with a 340 (161-179) and senior Emma Barnes earned the 12th-place medal with a 321 (138-183), edging out freshman teammate Abby Swank by eight pins. The HCHS girls finished fourth as a team.

## **Bowling Standings**

	Overall
Creston*	8-2
Denison-Schleswig	7-3
Shenandoah	7-3
Red Oak	6-3
Harlan Community	4-7
Lewis Central <sup>^</sup>	1-8
St. Albert	0-9

- \* 1A State Meet Qualifier (7th Place) ^ Hawkeye Ten Tournament champion
- Girls All-District (Iowa HS Bowling Coaches Assoc.)

Class 1A - West Makenzie Jones, sr. (First Team)

#### Hawkeye Ten Girls Hawkeye Ten Boys **Bowling Standings**

	Overall
Shenandoah*	8-2
Lewis Central <sup>^</sup>	7-2
Harlan Community	8-3
St. Albert	4-5
Denison-Schleswig	4-6
Red Oak	2-7
Creston	1-9
* 1A State Meet Qualifier (5th	Place)

## Boys All-District

^ Hawkeye Ten Tournament champion

(Iowa HS Bowling Coaches Assoc.)

Class 1A - West

Bailey Schmitz, sr. (First Team)





Bailey Schmitz averaged a 179.5 for the Cyclone boys.

#### School Records

The HCHS bowling teams set or tied four school records during the course of the 2017-18 season.

#### **TEAM RECORD**

HCHS Boys: 8 dual wins (8-3) ties mark set in 2016 and 2017.

#### **BOYS' INDIVIDUAL RECORDS** Darren Stein: 30 games bowled -

new single-season record.

Darren Stein: 5,396 total pins - new single-season record. Bailey Schmitz (5,027) & Devin Wilson (4,936) also broke Mitchell Leinen's previous school record of 4,925.

#### **GIRLS' INDIVIDUAL RECORD** Javden Gessert: 28 games howled

- ties single-season record.

#### **CLOSE CALLS**

Devin Wilson's 275 game fell one pin shy of Lucas Schmitz's schoolrecord 276 set last year.

Darren Stein's 468 series fell five pins shy of Mitchell Leinen's schoolrecord 473 set in 2015-2016.



Jayden Gessert led the Cyclone girls with 4,066 total pins.

## **HCHS Girls Bowling: 2017-18 Results**

(Meet-by-Meet Team Results & Top HCHS Individual Performances) (Home Meets in bold type)

#### **TEAM RESULTS**

Shenandoah 1,806, HCHS 1,740 Abraham Lincoln 2,159, HCHS 1,792 Denison-Schl. 2,286, HCHS 1,884 Creston 2,070, HCHS 1,912

Red Oak Tournament HCHS: 5th place/5 teams, 1,976 OA-BCIG 2,123, HCHS 1,976 HCHS 2,330, Tri-Center 2,144 Nodaway Valley 2,036, HCHS 2,029

Le Mars Tournament HCHS: 3rd place/6 teams, 2,309 HCHS 2,193, OA-BCIG 2,106 HCHS 2,346, LC 2,239, St. Alb. 1,862 Red Oak 2,265, HCHS 2,188

Hawkeve Ten Tournament HCHS: 4th place/7 teams, 2,288 1A State Qualifying Tournament HCHS: 3rd place/7 teams, 2,118

#### **TOP 2-GM. SERIES, TOP GAME** J. Gessert 249, J. Gessert 134 S. Kurtz 292, Kurtz & M. Jones 147

M. Jones 318, M. Jones 161 J. Gessert 313, J. Gessert 161 (Red Oak Lanes)

M. Jones 355, M. Jones 186 E. Barnes 295, M. Jones 165 M. Jones 320, M. Jones 174 M. Jones 331, M. Jones 198

(Sweet 16 Lanes)

J. Gessert 376, Gessert & L. Brown 200 J. Gessert 336, J. Gessert 181 A. Swank 348, M. Jones 180

S. Kurtz 313, E. Barnes 161 (Thunderbowl - Council Bluffs) M. Jones 363, M. Jones 193

(Little Waite Lanes - Shenandoah) J. Gessert 324, M. Jones 172

## <u> HCHS Boys Bowling: 2017-18 Results</u>

(Meet-by-Meet Team Results & Top HCHS Individual Performances) (Home Meets in bold type)

#### **TEAM RESULTS**

Shenandoah 2.590, HCHS 2.352 HCHS 2,655, Abraham Lincoln 2,417 HCHS 2,564, Denison-Schl. 2,488 **HCHS 2,479, Creston 2,153** 

Red Oak Tournament HCHS: 3rd place/5 teams, 2,570 HCHS 2,796, OA-BCIG 2,732 HCHS 2796, Tri-Center 2,094 HCHS 2,392, Nodaway Valley 2,288

Le Mars Tournament HCHS: 3rd place/6 teams, 2,910

OA-BCIG 2,654, HCHS 2,610 LC 3,163, HCHS 2,673, St. Alb. 2,267 HCHS 2,635, Red Oak 2,399

Hawkeye Ten Tournament HCHS: 2nd place/7 teams, 2,934 1A State Qualifying Tournament

HCHS: 2nd place/7 teams, 2,533

**TOP 2-GM. SERIES, TOP GAME** K. Jones 370, K. Jones 214D. Wilson 411, K. Jones 223

B. Schmitz 372, B. Schmitz 201 K. Jones 381, K. Jones 209

(Red Oak Lanes) D. Stein 369, Stein & B. Schmitz 201

D. Stein 468, D. Stein 246

D. Stein 398, Stein & L. Schmitz 203

B. Hanson 332, B. Hanson 183

(Sweet 16 Lanes) D. Stein 422, D. Stein 235

B. Schmitz 386, B. Schmitz 217

B. Schmitz 407, B. Schmitz 209

B. Schmitz 420, B. Schmitz 254 (Thunderbowl - Council Bluffs)

D. Wilson 454, D. Wilson 275

(Little Waite Lanes - Shenandoah) D. Stein 425, D. Stein 259

1A State Tournament (Cadillac Lanes - Waterloo)
Darren Stein placed 33rd out of 53 1A competitors: 155-203 -- 358

### **Head Coach David Tyrrel's Season Reflection**

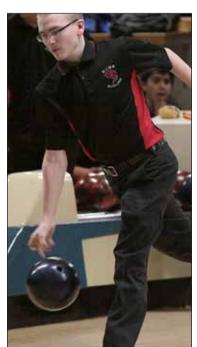
The largest group of seniors ever was the theme for Harlan Community's sixth year of high school bowling. A lot of great performances from a lot of different bowlers really highlighted the year.

For the boys, five of the six varsity players were seniors, and any one of them could break out and be the star at any time. It was perhaps the most balanced team in school history, with the top four bowlers averaging within three pins of each other. Finishing the regular season at 8-3, including a second-place finish at the Hawkeye 10 Tournament behind Class 2A powerhouse Lewis Central, the boys looked ready to make their mark at the state qualifying tournament. A difficult lane condition that produced the lowest qualifying scores in the state awaited them, and in spite of their valiant effort they came up 59 pins short of host Shenandoah on its home court. One bright spot was that sophomore Darren Stein emerged the high qualifier, and for the third time in school history an individual boy qualified for state, finishing 33rd out of 53 at the state tournament.

The girls had an amazing second half of the year. Starting the season 0-5, this group showed a huge amount of heart. Behind top performers senior Makenzie Jones and sophomore Jayden Gessert, they kept getting better every week to finish the season at 4-7. Like the boys, they were in the hunt for a state qualifying spot all the way until the end, finishing just 77 pins behind eventual qualifier Tri-Center.



HCHS senior Emma Barnes ranked fifth on the Cyclone girls team with a game average of 127.6.



Cyclone senior Bryan Hanson averaged a 164 on the season.





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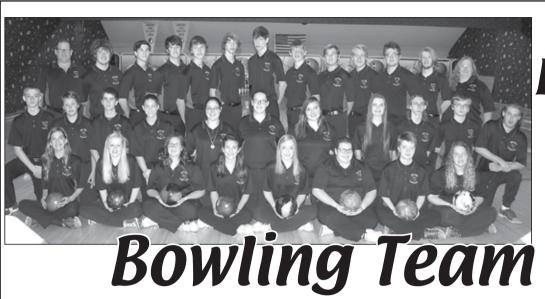
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POINTS BY QUARTER

## **HCHS Girls Basketball Stats (2017-18)**

9-12 Overall Record; 6-4 in Hawkeye Ten (T-5th)

PUINTS BT QUAK			151	2110	<u> </u>	<u> sru</u>		4UI	<u> </u>			<u>otai</u>
<b>Harlan Community</b>		231 (1°	1.0) 21	8 (10.4	256 (	12.2)	300 (14	l.3)	9	1,0	14 (4	8.3)
Opponents		260 (12	2.4) 24	4 (11.6	) 261 (	12.4)	283 (13	3.5)	20	1,0	68 (5	0.9)
Player	PPG	Pts.	FGs	FG%	FTs	FT%	3-pt.	Reb.	RPG	Blk.	Stl.	Asst.
Nicole Lange, sr.*	12.4	261	100-190	52.6	55-96	57.3	6-25	139	6.6	6	22	25
Lexi Larsen, sr.*	6.9	144	42-132	31.8	39-60	65.0	21-71	74	3.8	2	28	68
Macie Leinen, fr.*	6.6	138	48-101	47.5	39-72	54.2	3-9	62	3.0	9	22	4
Anna Ahrenholtz, jr.*	5.6	118	48-139	34.5	15-32	46.9	7-24	57	2.7	7	13	11
Chloe Hansen, jr.*	5.3	112	34-99	34.3	30-53	56.6	14-46	44	2.1	0	47	27
Lexie Holloway, sr.*	5.2	109	35-134	26.1	14-29	48.3	25-91	62	3.0	3	18	46
Brecken Van Baale, fr.*	3.8	64	21-65	32.3	15-33	45.5	7-36	36	2.1	3	18	42
Ashley Hall, fr.*	1.2	18	5-20	25.0	6-16	37.5	2-12	4	0.3	0	2	4
Jocelyn Cheek, fr.*	1.1	20	5-21	23.8	5-8	62.5	5-19	13	0.7	1	5	7
Olivia Petersen, jr.	0.9	10	4-15	26.7	1-2	50.0	1-5	6	0.5	0	0	0
Elise Juhl, so.	8.0	9	2-7	28.6	5-7	71.4	0-0	7	0.6	0	0	1
Haley Manz, so.	8.0	8	2-5	40.0	3-4	75.0	1-4	6	0.6	0	0	1
Kara Weis, jr.	0.3	3	1-8	12.5	1-3	33.3	0-4	3	0.3	0	2	1
* Varsity Letter Winner												
Harlan Community Opponents	48.3 50.9	1,014 1,068	347-936 n/a	37.1 n/a	228-415 n/a	54.9 n/a	92-346 n/a	513 n/a	24.4 n/a	31 n/a	177 n/a	237 n/a

Three-point shooting: HCHS 26.6% (92-346). Top Individuals (min. 9 att.) - M. Leinen 33.3%, C. Hansen 30.4%. Two-point shooting: HCHS 43.2% (255-590). Top Individuals - N. Lange 57.0%, M. Leinen 48.9%, B. Van Baale 48.3%. Offensive Rebounds: HCHS 165 (7.9 pg.) - N. Lange 56, M. Leinen 29, L. Holloway 16, A. Ahrenholtz 15, B. Van Baale 14. C. Hansen 13. L. Larsen 13.

Defensive Rebounds: HCHS 348 (16.6 pg.) - N. Lange 83, L. Larsen 61, L. Holloway 46, A. Ahrenholtz 42, M. Leinen 33, C. Hansen 31, B. Van Baale 22, J. Cheek 12.

Turnovers: HCHS 300 (14.3 pg.). Fouls: HCHS 334 (15.9 pg.).

Assist-to-Turnover Ratio: (minimum 5 assists) L. Larsen 1.3-to-1.

Games Played: N. Lange 21\*, L. Larsen 21\*, L. Holloway 21\*, A. Ahrenholtz 21\*, M. Leinen 21, C. Hansen 21, J. Cheek 18, B. Van Baale 17, A. Hall 15, K. Weis 12, O. Petersen 11, E. Juhl 11, H. Manz 10. (\*Started every game)



Cyclone senior Nicole Lange (center) looks to score against Lewis Central. Lange led the team in numerous statistical categories this past season, including 12.4 points per game, 6.6 rebounds per game and a field goal percentage of 52.6.



HCHS senior Lexie Holloway led the team with 25 made threepointers on the season and averaged 5.2 points per game.

#### HCHS Girls Basketball: 2017-18 Scores

Treynor 61, HCHS 43 HCHS 44, Shenandoah 34 Denison-Schleswig 44, HCHS 29 HCHS 58, Creston 37 Lewis Central 60, HCHS 34 CB Abraham Lincoln 48, HCHS 40 HCHS 48, Atlantic 29 HCHS 58, St. Albert 38 Kuemper Catholic 61, HCHS 37 HCHS 77, Clarinda 37 HCHS 52, Glenwood 47 HCHS 48, Ballard 39 Red Oak 58, HCHS 39 Gretna, NE 59, HCHS 55 (at Ralston Arena; Neb. Shootout) Denison-Schl. 71, HCHS 60 (2 OT) Kuemper Catholic 67, HCHS 47 HCHS 63, Atlantic 39 HCHS 48, Glenwood 44 HCHS at Sioux City East - cancelled St. Albert 67, HCHS 45

Lewis Central 69, HCHS 33 **4A REGIONAL TOURNAMENT** Glenwood 59, HCHS 56 - at Harlan

#### Hawkeye Ten Conf. Girls BR Standings

GII 13 DD GL	<u>arru</u>	<u> </u>
	Conf.	Overall
Lewis Central	10-0	22-1
Red Oak	9-1	21-3
Shenandoah	7-3	15-7
Denison-Schleswig	7-3	16-7
Kuemper Catholic	6-4	14-7
Harlan Community	6-4	9-12
St. Albert	4-6	11-12
Glenwood	3-7	8-15
Creston	1-8	8-13
Atlantic	1-8	3-17
Clarinda	0-10	3-19

Lewis Central: 4A State Qualifier Red Oak: 3A State Qualifier

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## -- Cyclone Girls Basketball Honors --

#### **All-Conference**

Second Team Hawkeye Ten Nicole Lange: 5-10, sr., Forward **Honorable Mention** 

Lexi Larsen: 5-7, sr., Guard

#### Lange plays in **All-Star event**

Cyclone senior Nicole Lange played in the inaugural KMAland All-Star Classic held March 18 at AHSTW High School in Avoca.

Lange finished with five points and three rebounds for Team Schoening, which lost the girls game to Team McClintock 96-73.

Lange will continue her basket-

C.B. Daily Nonpareil All-Area Girls Basketball Second Team: Nicole Lange, sr. (5-10, F).

Honorable Mention: Lexi Larsen, sr. (5-7, G).

World-Herald All-Western Iowa Girls Basketball Honorable Mention: Nicole Lange, sr. (5-10, F).

## Individual Game Highs (for the 2017-2018 season)

Points in a Game: Nicole Lange 25 at Atlantic (Jan. 30) Rebounds/Game: Nicole Lange 11 vs. Glenwood (Feb. 2). Assists/Game: Brecken Van Baale 8 at Glenwood (Jan. 13).

Steals/Game: Chloe Hansen 5 vs. Creston (Dec. 12), 5 vs. St. Albert (Jan. 5), 5 at Glenwood (Jan. 13).

Blocks/Game: Macie Leinen 2 vs. Denison (Dec. 8), 2 at Atlantic (Jan. 30); Lexie Holloway 2 at CB LC (Dec. 15); Anna Ahrenholtz 2 vs. Atlantic (Jan. 2), 2 vs. Glenwood (Feb. 2), 2 vs. CB LC (Feb. 10).

3-Pointers/Game: Lexi Larsen 3 vs. Gretna (Jan. 20); Lexie Holloway 3 vs.



Cyclone junior Chloe Hansen, who led the team with 47 steals, hounds Glenwood's Elle Scarborough on the perimeter during a regular season home game.

### **Head Coach Zach Klaassen's Season Reflection**

The 2017-18 basketball season was a roller coaster ride for the Harlan Community Cyclone girls, who finished with a 9-12 record. The year started with five of the first six opponents being ranked. The Cyclones went into winter break with a 2-4 record. The highlight from the first part of the season would be the comeback win over Shenandoah [a 44-34 win].

During winter break the Cyclones were determined to get better by picking up the energy in practice. We traveled to Des Moines East for a scrimmage and you could tell the level of play had risen from the beginning of the season. The Cyclones started 2018 with back-to-back wins. The team got back to 9-9 before it lost the last three games of the year. I would like to thank this team for all their hard work and dedication.



Above, HCHS junior Anna Ahrenholtz guards Jessica Jackson of Shenandoah during an early-season game.

Below, Cyclone freshmen Brecken Van Baale (right) and Macie Leinen pressure Kuemper Catholic's Brooklyn Bakke.



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## **HCHS Wrestling Statistics (2017-18)**

16-11 Dual Record; 6-4 in Hawkeye Ten (5th place)

Top Tournament Finishes: 3rd Place at Tri-Center, Mount Ayr Duals & Burke Hawkeye Ten Tournament: 6th place; Sectional: 3rd; District: 9th Class 2A State Tournament: Tied for 32nd Place (21 points)

Varsity Wrestler	W-L	Pins	Team Pts.	Takedowns	Escapes	Reversals	NF-2	NF-3
120: Ethan Lemon, so.	35-13	19	168	38	25	29	6	14
126: Dalton McKinley, fr.	21-17	18	141	23	9	17	9	7
126: Brandon Birks, fr.	2-2	n/a	n/a	n/a	n/a	n/a	n/a	n/a
132: Lucas Carter, sr.	25-20	10	120	36	21	11	5	6
138: Wyatt Obrecht, so.	12-14	6	69	14	26	3	4	3
138: Tyler Eaves, sr.	2-4	1	12	12	3	1	0	0
138: Reece Schwery, fr.	0-3	n/a	n/a	n/a	n/a	n/a	n/a	n/a
145: Oscar Olmos, jr.	38-14	16	191	88	28	25	3	7
145: Cayden Kramer, fr.	1-0	n/a	n/a	n/a	n/a	n/a	n/a	n/a
152: Joe Devine, so.	7-15	5	48	2	27	5	0	0
152: Anthony Knowles, sr.	1-7	0	6	5	3	4	1	1
152: Brenden Bartley, fr.	5-1	3	30	3	1	2	1	2
152: Brian Trevino, jr.	0-5	n/a	n/a	n/a	n/a	n/a	n/a	n/a
160: Carter Bendorf, so.	27-20	11	121	53	34	9	1	8
170: Jesse Schwery, fr.	5-10	0	30	0	3	1	0	0
182: Nathan Henry, so.	10-19	6	60	7	12	4	0	0
195: Nick Foss, sr.	42-2	23	221	104	9	9	8	20
195: Doug Chapman, jr.	7-2	2	36	1	1	2	0	0
220: Joey Arkfeld, jr.	23-15	12	135	32	23	5	2	3
220: Caleb Bieker, jr.	3-2	3	18	5	0	1	0	1
285: Daniel Soll, sr.	31-13	19	165	39	19	0	1	7
285: Derec Weyer, jr.	5-4	3	27	5	7	2	0	3

Each wrestler is listed at the primary weight they competed at during varsity competition. Brock Hedstrom (jr.), Caleb Brouse (sr.) and Adam Andersen (sr.) did not wrestle due to injury.



Senior Nick Foss led HCHS in numerous statistical categories this season, finishing 42-2 with 23 pins, a Hawkeye Ten title and a third-place state medal at 195 pounds (Class 2A).

### **Individual Awards & Honors**

Most Pins: Nick Foss 23.
Most Takedowns: Nick Foss 104.
Most Team Points: Nick Foss 221.

Most Reversals: Ethan Lemon 29. Most Escapes: Carter Bendorf 34. Fastest Pin: Nathan Henry 22 sec.

**Best Record:** Nick Foss 42-2. **Captains:** Nick Foss, Lucas Carter, Daniel Soll.

Most Valuable Wrestler: Nick Foss.

Jack Gross Outstanding Senior: Nick Foss.
Wayne Gearhart Most Improved: Nathan Henry.
Outstanding Freshman: Dalton McKinley.

District Qualifiers: Ethan Lemon, Wyatt Óbrecht, Oscar Olmos, Nick Foss.

(all four were sectional champions) **State Qualifiers:** Oscar Olmos, Nick Foss.

State Medalist: Nick Foss (3rd place at 195).

**Four Year Senior Award:** Lucas Carter, Adam Andersen, Nick Foss, Daniel Soll, Alana Schmitz (cheerleader), Kelsey Freund (cheerleader).

## Hawkeye Ten Conf. Wrestling Standings

	Conf.	Overal
Creston/O-M	9-1	15-4
Atlantic	9-1	18-4
Lewis Central	8-2	19-10
Glenwood*	8-2	17-4
Harlan Community	6-4	16-11
Red Oak	5-5	19-10
Clarinda	3-7	9-15
Shenandoah	3-7	18-15
Kuemper Catholic	2-8	12-17
Denison-Schleswig	2-8	5-15
St. Albert	0-10	2-29
* Hawkeye Ten Tourne	y Cha	mpion



Cyclone senior Lucas Carter (top) finished his career with 76 varsity wins after going 25-20 with 10 pins this past season.

### HCHS Dual Results (16-11)

St. Albert Double Dual - Dec. 5 HCHS 63, St. Albert 6\*

Glenwood 43, HCHS 29\*

<u>Harlan Double Dual - Dec. 14</u>

HCHS 48, Clarinda 20\*

HCHS 49, Shenandoah 18\*

Waukee Dual Tourney - Dec. 16

12th Place, 1-4 record
Millard West 44, HCHS 28
Ballard 61, HCHS 15
HCHS 42, Sioux City North 33
Perry 40, HCHS 34
Urbandale 43, HCHS 33
Atlantic/CAM Double Dual - Jan. 4
HCHS 48, Denison-Schleswig 33\*

Atlantic/CAM 58, HCHS 18\*

CB AL Double Dual - Jan. 9

HCHS 42, CB Abraham Lincoln 35

HCHS 51, Underwood 16

Mt. Ayr Dual Tourney - Jan. 12-13
T-3rd Place, 5-3 record
Lathrop 42, HCHS 39
HCHS 60, Central Decatur 15

HCHS 63, Mount Ayr 18 Shenandoah 31, HCHS 30 Martensdale-St. Marys 37, HCHS 36 HCHS 48, East Union 27

HCHS 66, Durant 6 HCHS 46, Riverside 33

Kuemper Catholic Quad - Jan. 18 HCHS 34, Red Oak 33\* HCHS 60, Kuemper Catholic 18\* HCHS 37, AHSTW 28

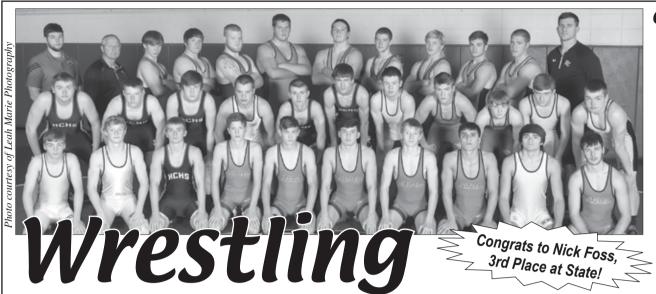
Harlan Quad - Jan. 23 Creston/O-M 60, HCHS 15\* Lewis Central 44, HCHS 30\* HCHS 54, Carroll 30 \* Conference Duals

## Foss surpasses 100 career wins

Harlan Community senior 195-pounder Nick Foss surpassed 100 career wins at the Tri-Center Tournament (January 6) and finished his varsity career with a record of 127-40. Foss went 83-12 during his final two seasons, earning a fifth-place state medal at 182 pounds as a junior (41-10) and placing third at 195 as a senior (42-2). He was also a Hawkeye Ten Conference champion this past season.



Daniel Soll (top) went 31-13 with 19 pins as a Cyclone senior and racked up 75 wins during the last three years.



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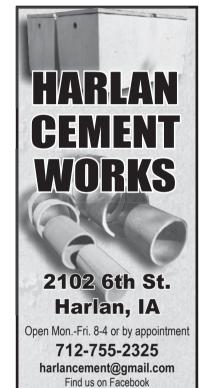


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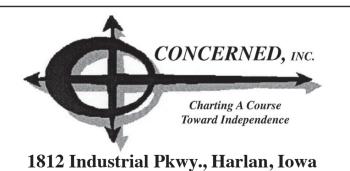
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## **HCHS Tournament Results & Highlights**

DAN HILL CYCLONE INVITATIONAL (DEC. 2) 6TH PLACE/10 TEAMS, 109 POINTS

1st Place: Nick Foss (195). 3rd Place: Ethan Lemon (120), Carter Bendorf (160).

BOYS TOWN, NEB. TOURNAMENT (DEC. 8-9) 8TH PLACE/15 TEAMS, 96 POINTS

2nd Place: Nick Foss (195). 3rd Place: Ethan Lemon (120), Oscar Olmos (145).

AL GARRISON WAUKEE DUAL TOURNAMENT (DEC. 16) 12TH PLACE/16 TEAMS, 1-4

Nick Foss 5-0 (195), Daniel Soll 4-0 (285).

TRI-CENTER TOURNAMENT (JAN. 6)

3RD PLACE/16 TEAMS, 177 POINTS

1st Place: Nick Foss (195) - named tournament's Most Outstanding Wrestler. 2nd Place: Lucas Carter (132). 3rd Place: Ethan Lemon (120), Oscar Olmos (145), Joe Devine (152), Joey Arkfeld (220), Daniel Soll (285).

RON SCOTT MEMORIAL MOUNT AYR DUALS (JAN. 12-13)

Dalton McKinley 7-1 (126), Oscar Olmos 7-1 (145), Joey Arkfeld 7-1 (220).

OMAHA BURKE TOURNAMENT (JAN. 20)

3RD PLACE/6 TEAMS, 135 POINTS

1st Place: Ethan Lemon (120), Oscar Olmos (145), Nick Foss (195) - named tournament's Most Outstanding Wrestler. 2nd Place: Lucas Carter (132), Carter Bendorf (160), Daniel Soll (285).

HAWKEYE 10 TOURNAMENT AT CB LC (JAN. 27) 6TH PLACE/11 TEAMS, 117 POINTS 1st Place: Ethan Lemon (120), Nick Foss (195). 3rd Place: Lucas Carter (132).

2A SECTIONAL TOURNAMENT AT ATLANTIC (FEB. 3) 3RD PLACE/6 TEAMS, 172.5 PTS.

1st Place/District Qualifiers: Ethan Lemon (120), Wyatt Obrecht (138), Oscar Olmos (145), Nick Foss (195). 3rd Place: Dalton McKinley (126), Lucas Carter (132), Carter Bendorf (160), Joey Arkfeld (220), Daniel Soll (285).

2A DISTRICT TOURNAMENT AT HARLAN (FEB. 10) 9TH PLACE/11 TEAMS, 32 PTS.

1st Place/State Qualifier: Nick Foss (195). 2nd Place/State Qualifier: Oscar Olmos (145).

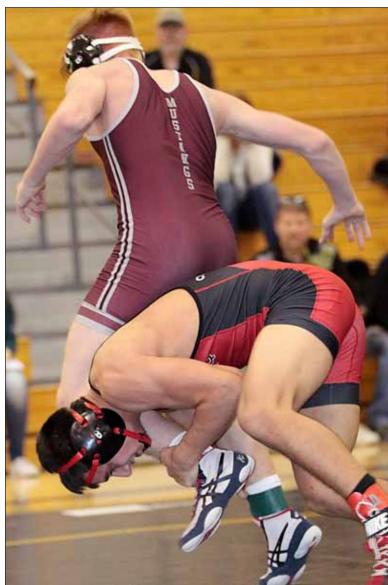
4th Place: Ethan Lemon (120), Wyatt Obrecht (138).

2A STATE TOURNAMENT AT DES MOINES (FEB. 15-17) T-32ND PLACE/79 TEAMS, 21 PTS. 3rd Place Medalist: Nick Foss (5-1 at 195). DNP: Oscar Olmos (0-2 at 145).



Cyclone sophomore Ethan Lemon (wrestling a Lewis Central foe) led the team with 29 reversals this season and was a Hawkeye Ten and 2A sectional tournament champion.





HCHS junior 145-pounder Oscar Olmos goes for the takedown vs. Shenandoah's Zach Harms in sectional meet action. Olmos was a sectional champion and one week later qualified for state.

## Head Coach John Murtaugh's Season Reflection

Interest in the HCHS wrestling program continues to be on the rise as 30 students took on the challenge of wrestling. The demands of wrestling are only exceeded by the individual rewards of the sport. Each day during the season we have early morning workouts before school as well as practice in the afternoon. I want to thank the wrestlers, coaches and parents for making this work ethic a part of our wrestling culture at Harlan Community.

We will be saying goodbye to senior wrestlers Lucas Carter, Nick Foss, Daniel Soll, Adam Andersen, Anthony Knowles, Caleb Brouse and Tyler Eaves. Their contributions to the wrestling program will not be forgotten. They are not only good wrestlers but, more importantly, good people. I also want to thank the statisticians and cheerleaders for their efforts this season. I especially want to recognize four-year cheerleaders Kelsey Freund and Alana Schmitz.

Our theme this season was "united we stand." This epitomizes what the wrestling program at HCHS is all about. Our wrestlers, coaches, statisticians, cheerleaders and parents are unified in making the wrestling program the best that it can be. Finally, I would like to thank all the many others who have supported wrestling in the past and will continue to do so in the future. Your support is much appreciated!